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All Wales

Corporate Training, Learning and Development Services Framework: NPS-PSU-0031-15 Lot 7: First Aid

Courses, programmes and award-winning e-learning interventions.





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Course Outlines

Course Title - First Aid Annual Update Training

Duration – 2 days

Overview - On completion of training, successful learners will be able to understand the role of the first aider

Course Aim

- the importance of preventing cross infection
- the need for recording incidents and actions
- use of available equipment assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- administer first aid to a casualty who is unconscious and breathing normally
- administer first aid to a casualty who is unconscious and not breathing normally
- administer first aid to a casualty who is choking
- administer first aid to a casualty who is wounded and bleeding
- administer first aid to a casualty who is suffering from shock
- provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters)
- injuries to bones, muscles and joints, including suspected spinal injuries
- chest injuries
- burns and scalds
- eye injuries
- sudden poisoning
- anaphylactic shock
- recognise the presence of major illness and provide appropriate first aid (including heart attack, stroke, epilepsy, asthma, diabetes)

Delivery Method – Face to Face

Course Title – Level 2 Award in Emergency First Aid at Work

Duration – 1day

Overview – On completion of training, successful learners will be able to understand the role of the first aider

Course Aim

- the importance of preventing cross infection
- the need for recording incidents and actions
- use of available equipment assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- administer first aid to a casualty who is unconscious and breathing normally
- administer first aid to a casualty who is unconscious and not breathing normally
- administer first aid to a casualty who is choking
- administer first aid to a casualty who is wounded and bleeding
- administer first aid to a casualty who is suffering from shock
- provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters)

Delivery Method - Face to Face



Course Title - Level 3 Award in Emergency Paediatric First Aid

Duration – 1 day

Overview - On completion of training, successful learners should be able to understand the role of the paediatric first aider assisting infants and children

Course Aim

- the importance of preventing cross infection
- the need for recording incidents and actions
- administer first aid to a casualty who is unresponsive and breathing normally
- administer first aid to a casualty who is unresponsive and not breathing normally
- administer first aid to a casualty who is choking
- administer first aid to a casualty who is wounded and bleeding
- administer first aid to a casualty who is suffering from shock
- provide first aid to a casualty in anaphylactic shock

Delivery Method – Face to Face

Course Title - Level 2 Award in Cardiopulmonary Resuscitation and Automated External Defibrillation

Duration – 1 day

Overview - This Qualification provides learners with the skills and knowledge to deal with a person having a heart attack or cardiac arrest.

Course Aim

- Understand basic life support requirements
- Be able to demonstrate basic life support techniques and automated external defibrillator use in line with current national guidelines
- Be able to demonstrate post- resuscitation procedures
- Be able to carry out basic user maintenance and troubleshoot problems with an automated external defibrillator
- Understand the safe use of an automated external defibrillator

Delivery Method – Face to Face

Course Title - Level 3 Award in Paediatric First Aid

Duration - 2 days

Overview - On completion of training, successful learners should be able to understand the role of the paediatric first aider assisting infants and children

Course Aim

- the importance of preventing cross infection
- the need for recording incidents and actions
- administer first aid to a casualty who is unresponsive and breathing normally
- administer first aid to a casualty who is unresponsive and not breathing normally
- administer first aid to a casualty who is choking
- administer first aid to a casualty who is wounded and bleeding
- administer first aid to a casualty who is suffering from shock
- provide first aid to a casualty in anaphylactic shock
- administer first aid to a casualty with injuries to bones, joints and muscles
- administer first aid to a casualty with head and spinal injuries
- administer first aid to a casualty with conditions affecting the eyes, ears and nose
- administer first aid to a casualty with sickle cell anaemia, diabetes, asthma, allergies, meningitis and febrile seizures



- administer first aid to a casualty experiencing the effects of extreme hot or cold
- administer first aid to a casualty who has sustained an electric shock
- administer first aid to a casualty with burns or scalds
- administer first aid to a casualty who has been poisoned
- administer first aid to a casualty who has been bitten or stung
- administer first aid to a casualty with minor injuries

Delivery Method – Face to Face

Course Title - Level 3 Award in First Aid at Work

Duration – 3 days

Overview - On completion of training, successful learners will be able to understand the role of the first aider

Course Aim

- the importance of preventing cross infection
- the need for recording incidents and actions
- use of available equipment assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- administer first aid to a casualty who is unconscious and breathing normally
- administer first aid to a casualty who is unconscious and not breathing normally
- administer first aid to a casualty who is choking
- administer first aid to a casualty who is wounded and bleeding
- administer first aid to a casualty who is suffering from shock
- provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters)
- injuries to bones, muscles and joints, including suspected spinal injuries
- chest injuries
- burns and scalds
- eye injuries
- sudden poisoning
- anaphylactic shock
- recognise the presence of major illness and provide appropriate first aid (including heart attack, stroke, epilepsy, asthma, diabetes)

Delivery Method – Face to Face

Course Title - Defibrillator Operator

Duration - 3 Hours

Overview - On completion of training, successful learners will be able to understand the role of the AED

Course Aim

- use of available equipment assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- administer first aid to a casualty who is unconscious and breathing normally
- administer first aid to a casualty who is unconscious and not breathing normally, including the use of the AED
- administer first aid to a casualty who is choking

Delivery Method – Face to Face



Course Title - First Aid for School and Emergency Life Support

Duration – 1 day (6 hours)

Overview

Course Aim

- The role of the first aider and assessing the situation
- Contents of first aid kits and avoid cross infection
- Recording of incidents and accidents
- Administer first aid to a casualty who:
 - is unconscious – child and adult
 - requires cardio pulmonary resuscitation (CPR) – child and adult
 - is choking – child and adult
 - is wounded or bleeding
 - is in shock
- has minor conditions (minor cuts, grazes and bruises, minor burns & scalds, small splinters, minor bites & stings)
- is having an anaphylactic reaction
- is having an asthma attack
- has a head injury
- has a fracture

Delivery Method - Face to Face